



iPET Network
Level 3 Award in Canicross
Coaching
Qualification Number - 610/0723/7
Qualification Specification



iPET Network

LED BY INDUSTRY EXPERTS.

DRIVEN BY PASSION.

BOUND BY ANIMALS.

GUIDED BY CANDIDATES.

UNITED BY iPET NETWORK.

Our Mission

EDUCATION FOR PEOPLE, FOR PETS, FOR THE FUTURE

To be the Awarding Organisation of choice for Training Providers, Employers and Learners in the Animal Care and Veterinary Science Sector.

We demand the highest standard of practice to ensure our suite of qualifications work: they work for pets who deserve the best care; they work for learners giving valuable skills, and they work for Training Providers with strong market appeal.

Leading the way:

iPET Network is an Awarding Organisation regulated by Ofqual, CCEA Regulation and Qualifications Wales, specialising in qualifications in the Animal Care and Veterinary Science sector. iPET Network is a sector-specific Awarding Organisation and are constantly developing innovative animal care and veterinary science qualifications in the industry. We are unique in our approach to development, design and awarding of qualifications through the range of services and support we offer. Additionally, iPET Network is an End-point Assessment Awarding Organisation (EPAO) for English Apprenticeship standards and offers Professional Development Recognition (PDR) of unregulated educational courses.

Our approved Training Providers have exclusive access to our portfolio of qualifications, courses, learning materials and assessment strategies. We offer an inclusive opportunity to join a diverse network of forward-thinking professionals across the UK, Ireland, Europe and internationally.

We do the hard work for you – fast, flexible and straightforward:

We have developed robust systems at the forefront of technology that include extensive resources, quality learning materials and varied assessment methods. Our centralised platform makes it simple for Training Providers and their teams to deliver, manage, mark and quality assure all in one place. We provide access to training and updates through standardisation to uphold modern best practice.

Organisations of many different types, who want to deliver education, can join iPET Network, taking advantage of becoming a direct approved Training Provider. With transparent fees and packages to suit every size of organisation from sole traders to limited companies, colleges and large employers.

An exciting and supportive community:

We practice what we preach - the iPET Network team has extensive experience and knowledge of working in the animal care, veterinary science and education sector. We provide support, advice and Continual Professional Development to help Training Providers offer the best standard of education and to inspire the future generation of the industry. We believe in removing learning barriers and working with Candidates of all abilities to help them reach their full potential.

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1. About This Qualification

The **iPET Network Level 3 Award in Canicross Coaching** has been developed to meet the needs of Candidates who have existing canine knowledge and basic fitness, and wish to gain the knowledge, skills and understanding required to become a qualified Canicross Coach, delivering training to others who wish to take part in the canine discipline of Canicross. This qualification provides the ideal platform for establishing your own Canicross Coaching business.

Objectives of the qualification

This qualification has been designed to enable Candidates to:

- Understand the principles of how to start their own Canicross coaching business
- Recognise their responsibilities in terms of supporting animal welfare and behaviour in accordance with relevant legislation
- Understand how to effectively plan a coaching programme and create training sessions suited to their participants' experience and skill level
- Recognise the risks to both dogs and humans involved in Canicross and how to manage these risks effectively
- Select and safely fit equipment for Canicross participants (both human and canine)
- Confidently lead a Canicross coaching session

The qualification will:

- Prepare individuals to progress to another qualification in the same subject area, studying at a higher level or a qualification requiring more specific knowledge, skills and understanding
- Improve employability skills
- Encourage engagement in learning

Suggested progression following completion of the qualification:

- iPET Network Level 3 Award in Canine Emergency First Aid (or equivalent);
- An accredited relevant human first aid qualification (1-day minimum, preferably outdoor-specific);
- iPET Network Level 3 Diploma in Canine Nutrition;
- A dog training qualification;
- Employment in the Canicross industry.

It is a requirement that assessment of this qualification is conducted in English.

The iPET Network Level 3 Award in Canicross Coaching is a regulated qualification.

Guided Learning Hours (GLH)

Guided Learning Hours (GLH) are defined by the [Apprenticeships, Skills, Children and Learning Act, 2009](#) as the number of hours the Candidate spends:

- Being taught or given instruction by a lecturer, tutor, supervisor or other appropriate provider of education or training, or
- Otherwise participating in education or training under the immediate guidance or supervision of such a person.

GLH does not include time spent on unsupervised preparation or study, whether at home or otherwise.

iPET Network has calculated the GLH for this qualification representing an estimate of the amount of actual guided learning which could reasonably be expected to be required to achieve the standard required to obtain the qualification.

Estimated GLH will be stated for each unit which should be used by Training Providers as a guide for devising teaching and learning plans. GLH may be recorded within the e-portfolio (if being used) or within the Candidate Hours Log (if the e-portfolio is not used).

Total Qualification Time (TQT)

Total qualification time is defined as the number of Guided Learning Hours (GLH) **plus** the time taken by the Candidate for independent, unsupervised study. Individual Learners' requirements and individual teaching styles mean there will be variation in the actual time taken to complete a qualification. Values for Total Qualification Time are estimates as some Candidates will be able to achieve units and qualifications within a shorter time than indicated. Others, for example those with additional support requirements, may need longer.

Guided Learning Hours and Total Qualification Time for this qualification are:

iPET Network Level 3 Award in Canicross Coaching:

GLH (Guided Learning Hours): 24 hours

TQT (Total Qualification Time): 110 hours

Qualification Delivery Requirements

Due to the practical nature of this qualification, the **practical assessment, risk assessment and microteach must take place face-to-face, in person.**

The remainder of the qualification may be delivered as the Training Provider sees fit, ensuring that Guided Learning Hours requirements are met. As part of the application to deliver, Training Providers must be able to evidence how they intend to deliver the qualification, including the methods by which they will achieve the estimated GLH and TQT.

2. Candidate Requirements

Entry requirements

All Candidates must meet the following criteria:

- A minimum of 1 year's canine care experience (this may include dog ownership) and;
- An awareness of the level of general fitness required of a Canicross coach and;
- An awareness of canine sports and related disciplines.

All Candidates will be screened via an initial assessment with the Training Provider to ensure their suitability for the registration on the qualification. Whilst the above criteria form the basis of eligibility, Candidates may be registered at the Training Provider's discretion.

Minimum age

The minimum age for access to this qualification is 18 years.

Training Providers ought to satisfy themselves that Candidates have a level of maturity appropriate for units included in the courses that they offer. If in doubt, please contact iPET Network for advice.

Reasonable Adjustment and Special Considerations

Assessment within the iPET Network Level 3 Award in Canicross Coaching qualification is designed to be accessible and inclusive. The assessment methodology is appropriate and rigorous for individuals or groups of Candidates.

iPET Network is an inclusive organisation and operates in line with legislation set out in the Equality Act, 2010. It should be noted that any Candidate registering for an iPET Network qualification, must be able to meet the assessment criteria (theoretical and practical), with appropriate reasonable adjustment where required, in order to be certificated. Those Candidates with additional educational or physical needs, should discuss their support requirements with their Training Provider. Training Providers requiring further clarification should refer to the Reasonable Adjustments and Special Considerations Policy or contact iPET Network on info@ipetnetwork.co.uk. This policy gives clear guidance on the reasonable adjustments and arrangements that take account of disability or learning difficulty without compromising the achievement of the assessment criteria.

Further guidance and support can be accessed by contacting iPET Network.

3. Recognition of Prior Learning (RPL)

Exemption (also known as 'Recognition of Prior Certificated Learning) - is the facility for a Candidate to claim exemption from some of the achievement requirements of an iPET Network qualification using certificated evidence, for example certificated NQF achievement. This must be of an equivalent or higher value to an iPET Network unit but may not share the exact assessment criteria or learning aims.

Training Providers wishing to obtain further details regarding awarding of RPL should refer to the iPET Network **Recognition of Prior Learning Policy**.

4. Induction / Initial Assessment

An initial assessment of each Candidate should be made before the start of their programme to identify:

- If the Candidate has any specific learning or training needs;
- The support and guidance they may need when working towards their qualification;
- The Candidate's suitability for the type and level of qualification.

Each Training Provider must carry out an induction so that Candidates fully understand the requirements of the qualification, their responsibilities as a Candidate, and the responsibilities of the Training Provider. This information will need to be recorded e.g. within a contract.

5. Achieving the Qualification

Credits

To be awarded the iPET Network Level 3 Award in Canicross Coaching, Candidates must achieve 11 credits.

Unit achievement

All of the assessment criteria in a unit must be met before the unit is deemed to be achieved. The unit achievement is not graded: units are either achieved or not achieved.

For this qualification, all theory units must be completed and passed prior to commencing the final practical unit.

Recording achievement

Training Providers must record the Candidate's achievement of each unit on an appropriate form(s) or electronic system. Training Providers should record the Candidate's achievement against the specific unit assessment criteria evidenced by the task.

Authentication of the Candidate's work

Tutors must demonstrate that the Candidate's work is authentic. This can be done through using iPET Network's e-portfolio system which provides secure access to each Candidate or through use of an alternative e-portfolio system. If a Training Provider is using paper-based portfolio, they must be able to demonstrate authenticity of the work and must provide transparent feedback from marking to internal quality assurance.

Assessments must demonstrate authenticity please refer to assessment methods in this Qualification Handbook.

Duration of registration

All Candidates will be registered with iPET Network for a period of 12 months. Failure of the Candidate to complete the qualification during this timeframe will incur an additional charge for re-registration. Please refer

to your Terms and Conditions for further details. Extension to registration may be obtained with written permission under specific extenuating circumstances. Please contact iPET Network for advice regarding extensions to registration.

6. Qualification Structure

Units

iPET Network Reference No.	Title	Level	Credit	GLH	TQT	Unit Reference number
347	Starting a Canicross Coaching Business	3	2	3	20	R/650/2056
348	Legislation, Welfare and Canine Behaviour for the Canicross Coach	3	2	3	20	T/650/2057
349	Principles of Planning a Canicross Coaching Programme	3	2	3	20	Y/650/2058
350	Canine First Aid, Incident and Risk Management	3	2	4	20	A/650/2059
351	Principles of Canicross Coaching	3	2	3	20	H/650/2060
352	Practical Canicross Coaching	3	1	8	10	J/650/2061
TOTALS			11	24	110	

Level descriptor

Level	Knowledge Descriptor (the holder...)	Skills Descriptor (the holder can...)
Level 3	<p>Has factual, procedural and theoretical knowledge and understanding of a subject or field of work to complete tasks that while well-defined, may be complex and non-routine.</p> <p>Can interpret and evaluate relevant information and ideas.</p>	<p>Identify, select and use appropriate cognitive and practical skills, methods and procedures to address problems that while well-defined, may be complex and non-routine.</p> <p>Use appropriate investigation to inform actions.</p>

	<p>Is aware of the nature of the area of study or work.</p> <p>Is aware of different perspectives or approaches within the area of study or work.</p>	<p>Review how effective methods and actions have been.</p>
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7. Assessment

This qualification requires achievement of the specified units and summative assessments. The assessment process is as follows:

1. Assessments are developed by iPET Network and provided to the Training Provider or assessments may be devised by the Training Provider and approved by iPET Network in advance
2. The assessment is then delivered and implemented by the relevant iPET Network approved Training Provider
3. All Tutors involved in the assessment process must have been approved by iPET Network, on an individual basis, in advance of any assessments being carried out
4. Compiled portfolios of assessed evidence are internally quality assured by an iPET Network approved Internal Quality Assurer (IQA) via remote sampling.
5. Completed portfolios of assessed evidence are then quality assured by an External Quality Assurer (EQA) approved by iPET Network.

Assessment method

Assessment is through a Portfolio of Evidence/Workbook, 1 x Summative Practical Assessment and Micro Teach.

Specimen Assessment Materials

Specimen assessment materials are not available for this qualification.

Marking

These assessments are pass or fail and the Assessor's decision is final. The use of artificial intelligence to mark any candidate's work is strictly prohibited.

*Please note re-assessments are permitted.

Qualification grading

This qualification is graded pass or fail and the Assessor's decision is final.

Appeals

To ensure a fair assessment procedure is carried out the Candidate must be fully briefed on the assessment requirements and given instructions on their right to appeal an assessment decision. All Training Providers must have an up-to-date appeals procedure.

What constitutes a fail?

It is at the Tutor's professional discretion if they pass or fail the Candidate. It is recommended that all elements of each assessment criteria are met and that all knowledge activities are completed.

Examples of what may constitute a fail (theory):

- Plagiarism
- Irrelevant content
- Incomplete knowledge
- Incomplete coverage of an assessment criterion

Examples of what may constitute a fail (practical):

- Unsafe practice/behaviour
- Actions that compromise animal welfare
- Failure to address key safety points
- Actions/omissions that compromise safety of themselves or others
- Poor standard of delivery of microteach

When making an assessment decision it is important that all evidence and feedback is documented to support the assessment decision whether it is a pass or fail. If the decision is a fail, then the Candidate must be provided with support and the opportunity to re-sit the assessment once they are ready.

8. Offering the Qualification

Training Providers wishing to deliver this qualification will need to demonstrate the ability to adhere to quality assurance and assessment regulations.

All procedures for the use of this qualification or units of this qualification, including approval, registration of Candidates, quality assurance process and certification will be completed through iPET Network, who will have an allocated member of the Quality Team to support the Training Provider. Any queries or difficulties should be directed to the allocated Team member or if they are not available, via the iPET Network office on 0800 433 4700.

Approval to offer the qualification

Training Providers wishing to offer this qualification must note the requirements stipulated in Appendix A.

To offer this qualification, potential Training Providers must apply for Training Provider approval with iPET Network. Applications can be made via email info@ipetnetwork.co.uk or by calling 0800 433 4700.

In addition, to gain approval to offer the qualification, Training Providers must apply by submitting an iPET Network **Qualification Approval Form** which can be downloaded from the website.

For more information, visit our website www.ipetnetwork.co.uk.

Standardisation

Standardisation is a process that promotes consistency in the understanding and application of standards.

Standardisation:

- Establishes statements on the standard of evidence required to meet the assessment criteria for the units in iPET Network Qualifications
- Makes recommendations on assessment practice
- Produces advice and guidance for the assessment of units
- Identifies good practice in assessment.

It is a requirement of the Training Provider approval process that each Training Provider offering units from iPET Network qualifications must provide assessment materials and Candidate evidence for standardisation if requested.

iPET Network will notify Training Providers of the required sample(s) for standardisation purposes. Assessment materials, Candidate evidence and Tutor feedback must be sent to iPET Network by Training Providers.

Outcomes from standardisation will be available to Training Providers through iPET Network.

Support for Training Providers

iPET Network provides all Training Providers with on-going support and advice on the use of iPET Network units and qualifications, including the requirements for assessment.

If Training Providers who are approved to offer iPET Network units and qualifications have obtained a UKPRN (UK Provider Reference Number) from the UKRLP (UK Register of Learning Providers), this will be used as the Training Provider's reference number. If a Training Provider has not obtained a UKPRN they will be issued with a unique iPET Network Training Provider number.

Information about obtaining a Unique Learner Number (ULN) on behalf of the Candidates is included in the **iPET Network Training Provider Manual**.

Training Provider responsibilities

Each Training Provider should identify a named contact person who will be responsible for any iPET Network provision within the Training Provider organisation.

The Training Provider contact must ensure all procedures relating to the delivery of the qualification operate effectively in the centre.

The Training Provider contact is the person responsible for confirming and ensuring that the Training Provider meets all the iPET Network requirements for Training Provider recognition.

The Training Provider contact is responsible for ensuring all relevant iPET Network documentation is distributed as required within the Training Provider and that the security requirements for external assessment are adhered to, where applicable.

9. Appendix A – Requirements to Offer This Qualification

To offer this qualification, Training Providers must ensure that Tutors involved in delivery and assessment are professionally competent to do so. This means Training Providers must ensure that Tutors have the following qualifications/experience:

- iPET Network Level 3 Award in Canicross Coaching; or
- A minimum of 2 years' experience of participating/coaching in Canicross; and
- Hold, or be willing to work towards:
 - iPET Network Level 3 Award in Canine Emergency First Aid (or equivalent)
 - An accredited 1-day human first aid qualification (preferably outdoor); and
- A relevant teaching qualification at Level 3 or above (see below).

If no qualification in Canicross is held, broad experience of involvement in the sport must be evidenced through CV, CPD, membership of clubs/associations, photographs, references, race participation, record of race wins, evidence of coaching experience etc.

Example teaching qualifications include:

- iPET Network Level 3 Award for Educators in the Canine and Feline Sector; or
- Level 3 Award in Education and Training; or
- Level 3 Certificate in Education and Training for Dog Grooming Tutor; or
- Level 4 Certificate in Education and Training; or
- Level 3 or 4 PTLLS (or equivalent).

If no formal teaching qualification is held, it will be a requirement that a teaching qualification is achieved within 12 months of approval.

Training Providers must also ensure that they have in place an Internal Quality Assurer who:

- Holds or is working towards a Level 4 Award in Internal Quality Assurance of Assessment Processes and Practices or its equivalent
- Has substantial experience of working in or assessing in the canine care / canine sports sector
- Is familiar with the assessment requirements of the qualification for which they are the Internal Quality Assurer

or

Gold package registrations are used with iPET Network (**Refer to Training Provider Fees**)

10. Qualification Unit Breakdown and Assessor Guidance



Unit title:	Starting a Canicross Coaching Business
Level:	3
Credit value:	2
GLH:	3
TQT:	20
Unit code:	347
Unit reference number:	R/650/2056
Unit aim:	The aim of this unit is to provide Candidates with the knowledge and understanding required to get their own Canicross business off the ground. It addresses structuring and planning of the business, managing finances, insurance and marketing the business to enable successful launch.
Number of learning outcomes	5

Learning Outcomes	Assessment Criteria
The learner will:	The learner can:
1. Understand the Canicross sport	1.1. Describe what the sport of Canicross involves
	1.2. Explain the health benefits of Canicross for both dogs and humans
	1.3. Identify the role of relevant local / national / international regulatory sporting bodies
	1.4. Recognise the Canicross coaching values
2. Understand the different business structures and planning of a new business	2.1. Consider the advantages and disadvantages of self-employment when starting your new business
	2.2. Describe the different business structures that may be used when starting your own business
	2.3. Identify the business' strengths, weaknesses, opportunities and threats
	2.4. Describe the essential elements of a business plan
3. Know how to manage your finances when running your own business	3.1. Explain how to create a budget for your new Canicross coaching business
	3.2. Recognise the importance of financial record keeping
	3.3. Explain the requirement for management and payment of income tax for your business
4. Know the essential types of insurance required to run a Canicross coaching business	4.1. Summarise the different types of insurance required in the management of your business
5. Understand the principles of marketing your business	5.1. Evaluate your market and customers
	5.2. Describe the different platforms that may be used to market your business

	5.3. Identify key content for marketing strategies which aligns with your business objectives
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Unit title:	Legislation, Welfare and Canine Behaviour for the Canicross Coach
Level:	3
Credit value:	2
GLH:	3
TQT:	20
Unit code:	348
Unit reference number:	T/650/2057
Unit aim:	The aim of this unit is to provide Candidates with the knowledge and understanding of the essential legislation relevant to coaching Canicross, principles of canine welfare and ensuring that dogs are appropriately looked after throughout participation in the sport, in accordance with the law. The unit develops an understanding of how to support the nutritional needs of Canicross dogs and interpretation of their behaviour.
Number of learning outcomes	4

Learning Outcomes	Assessment Criteria
The learner will:	The learner can:
1. Know and understand the legislation relevant to Canicross coaching	1.1. Explain the principles of the Animal Welfare Act, 2006
	1.2. Summarise the principles of the key legislation pertaining to dog awareness and control
	1.3. Recognise the principles of appropriate attitudes and behaviour during Canicross and relevant legislation
	1.4. Summarise the legislative requirements for canine identification
	1.5. Describe the legislation governing safe transportation of dogs to training and racing events
2. Understand welfare considerations for dogs participating in Canicross	2.1. Describe means of selecting appropriate canine participants
	2.2. Describe the impact of environmental conditions on the welfare of dogs
3. Know and understand the essentials of canine nutrition relevant to the Canicross dog	3.1. Describe the importance of hydration and how to monitor and manage the hydration status of a Canicross dog
	3.2. Describe the classes of nutrients, their functions and roles in the diet of a Canicross dog
	3.3. Describe how the nutrition of a Canicross dog may differ from a typical companion dog
4. Understand canine behaviour and methods of communication	4.1. Identify the natural behaviours of dogs and understand their meaning
	4.2. Recognise common body language and communication signals in dogs

	4.3. Identify how dog behaviour can escalate
	4.4. Explain how to assess behaviour when approaching dogs



Unit title:	Principles of Planning a Canicross Coaching Programme
Level:	3
Credit value:	2
GLH:	3
TQT:	20
Unit code:	349
Unit reference number:	Y/650/2058
Unit aim:	The aim of the this unit is to provide Candidates with the knowledge and understanding required to effectively plan Canicross training sessions. This unit includes principles of how to select an appropriate venue or route for training, planning programmes of training and principles of planning individual training sessions and goal setting.
Number of learning outcomes	2

Learning Outcomes	Assessment Criteria
The learner will:	The learner can:
1. Understand the requirements of a safe, suitable venue for Canicross training	1.1. Discuss the factors to consider when selecting an appropriate coaching / running venue or route
	1.2. Describe when, why and how you may need to seek permissions or permits to use certain routes
2. Know the principles of planning Canicross training programmes and sessions	2.1. List the essential requirements to plan for ahead of a training session
	2.2. Describe the key elements that must be included in a training programme
	2.3. Recognise the key elements of a session plan
	2.4. Describe how to set SMART objectives for your training sessions
	2.5. Describe the basic structure of a training session

Unit title:	Canine First Aid, Incident and Risk Management
Level:	3
Credit value:	2
GLH:	4
TQT:	20
Unit code:	350
Unit reference number:	A/650/2059
Unit aim:	The aim of this unit is to provide Candidates with the knowledge and understanding of basic canine emergency first aid – being able to recognise common first aid situations and manage them appropriately. The unit introduces principles of preventing and managing emergency incidents with human Canicross participants.
Number of learning outcomes	4

Learning Outcomes	Assessment Criteria
The learner will:	The learner can:
1. Understand basic principles of canine emergency first aid	1.1. Describe how to obtain a basic medical history from the owner in a first aid situation
	1.2. Describe the general procedure for dealing with any canine first aid situation
	1.3. List the more commonly encountered injuries during Canicross
	1.4. Summarise the basic first aid intervention required in a range of emergency scenarios
	1.5. List the essential items to include in a canine first aid kit
2. Know and understand procedures for managing incidents	2.1. Describe methods of incident prevention
	2.2. Summarise the steps involved in assessing an incident
	2.3. Describe how to contact appropriate emergency services
	2.4. Describe actions that may be taken while awaiting assistance
	2.5. List essential items that should be carried for use in the event of a critical incident
3. Understand the importance and creation of risk assessments for running and training venues	3.1. Describe the importance of risk assessment as a Canicross coach
	3.2. Explain the key components of a risk assessment
4. Understand the importance of and legislation surrounding the keeping of runner emergency health and contact information	4.1. Describe the requirements for emergency contact forms for all runners
	4.2. Explain the GDPR requirements associated with keeping of client personal data

Unit title:	Principles of Canicross Training
Level:	3
Credit value:	2
GLH:	3
TQT:	20
Unit code:	351
Unit reference number:	H/650/2060
Unit aim:	The aim of this unit is to provide Candidates with the knowledge and understanding of how to correctly select and fit equipment that is appropriate to the runner and their dog, the importance and types of warm up and cool down activities that may be used with dogs and runners in training sessions, and the principles of training dogs the core techniques in Canicross.
Number of learning outcomes	5

Learning Outcomes	Assessment Criteria
The learner will:	The learner can:
1. Understand the principles of selecting and fitting appropriate harnesses for Canicross training	1.1. Describe the different harness options suitable for 'leisurely pullers'
	1.2. Describe the different harness options suitable for 'strong pullers'
	1.3. Explain how to correctly fit a harness taking canine anatomy into account
	1.4. Recognise correctly and incorrectly fitted harnesses
2. Understand the selection and fitting of belts and lines	2.1. Describe the different styles of belt available for runners and how to fit them
	2.2. Explain the use and types of line used in Canicross
3. Know and understand the principles of warming up and cooling down / recovery after training	3.1. Explain the reasons why a thorough warm up is necessary prior to running (for both dogs and humans)
	3.2. Describe the RAMP principles of warming up
	3.3. Describe a range of activities that can be used to warm up a human using the RAMP principles
	3.4. Describe a range of activities that can be used to warm up a dog using the RAMP principles
	3.5. Explain the reasons why a thorough cool down / recovery is necessary after running (for both dogs and humans)
	3.6. Describe activities that can be used to cool down a dog after training
	3.7. Describe activities that can be used for human recovery and cool down

4. Know and understand the principles of training the core skills required for Canicross	4.1. Explain the key values and expectations to set within your training sessions
	4.2. Describe the purpose and techniques used for training dogs in the core skills required for Canicross
5. Know how to plan training programmes for Canicross beginners	5.1. Outline an 8-week training programme for Canicross beginners introducing the Core Skills



Unit title:	Practical Canicross Coaching
Level:	3
Credit value:	1
GLH:	8
TQT:	10
Unit code:	352
Unit reference number:	J/650/2061
Unit aim:	The aim of this unit is to provide Candidates with the practical skills required to be able to effectively lead group Canicross sessions: creating risk assessments ahead of the event, choosing and fitting appropriate equipment and delivering a session to a small group of runners.
Number of learning outcomes	3

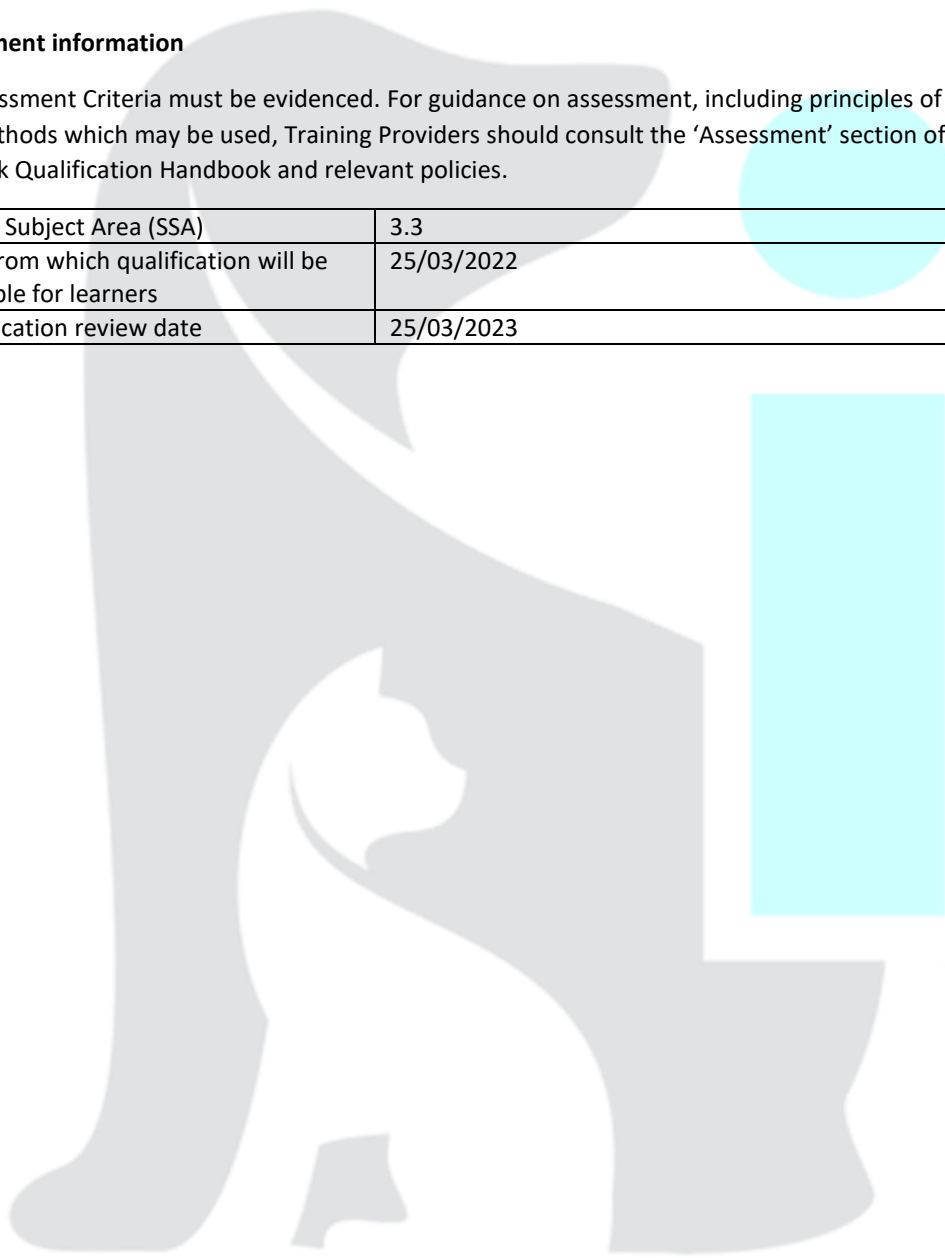
Learning Outcomes	Assessment Criteria
The learner will:	The learner can:
1. Be able to create comprehensive risk assessments for coaching sessions	1.1. Demonstrate the key components of a risk assessment 1.2. Create a risk assessment for a coaching session accounting for venue safety and runner and canine health and welfare
2. Be able to select and safely fit appropriate equipment for Canicross training	2.1. Correctly assess canine behaviour when approaching dogs 2.2. Select an appropriate harness for a 'leisurely puller' 2.3. Select an appropriate harness for a 'strong puller' 2.4. Demonstrate the correct fitting of a harness to a live dog 2.5. Select and fit an appropriate belt and line for the runner
3. Be able to deliver a 'mini' coaching session to a group of runners	3.1. Deliver a structured 20-minute coaching session 3.2. Check the safety and suitability of one runner's equipment 3.3. Effectively demonstrate a range of activities that can be used to warm up a human using the RAMP principles 3.4. Effectively demonstrate a range of activities that can be used to warm up a dog using the RAMP principles 3.5. Effectively demonstrate activities that can be used to cool down a dog after training 3.6. Effectively demonstrate activities that can be used for human recovery and cool down

	3.7. Deliver key values and expectations within your training sessions
	3.8. Deliver coaching for one Core Skill required for Canicross

Assessment information

All Assessment Criteria must be evidenced. For guidance on assessment, including principles of assessment and methods which may be used, Training Providers should consult the 'Assessment' section of the iPET Network Qualification Handbook and relevant policies.

Sector Subject Area (SSA)	3.3
Date from which qualification will be available for learners	25/03/2022
Qualification review date	25/03/2023



11. Suggested Learning Resources

Qualification	Suggested learning resources
Unit 347: Starting a Canicross Coaching Business	<p>Literature</p> <p>How to Start a Business: An Essential Guide to Starting a Small Business from Scratch and Going from Business Idea and Plan to Scaling Up and Hiring Employees Publisher: Independently published (2020) ISBN-10: 1659075475 ISBN-13: 978-1659075472 McCarthy, R.</p> <p>Build a Business: Discover the True Earning Potential of Self Employment by Building a Business the Profitable Way Publisher: CreateSpace Independent Publishing Platform (2017) ISBN-10: 197372331X ISBN-13: 978-1973723318 Connors, K.</p> <p>Starting a Business for Dummies (3rd edition) Publisher: John Wiley & Sons Ltd (2011) ISBN: 978-0-470-97810-8, Barrow, C.</p> <p>Business Plans for Dummies (3rd edition) Publisher: John Wiley & Sons Ltd. (2012) ISBN: 978-1-119-94118-7, Tiffany, P., Peterson, S.D. and Barrow, C.</p> <p>Understanding Business Accounting for Dummies (3rd edition) Publisher: John Wiley & Sons Ltd. (2012) ISBN: 978-1-119-95128-5, Tracy, J.A. and Barrow, C.</p> <p>Websites</p> <p>CaniCross trailrunners Startpage -IFSS (sleddogsport.net) BSSF - British Sleddog Sports Federation - Home Facebook Business plans and templates Business tools The Prince's Trust (princes-trust.org.uk)</p>

<p>Unit 348: Legislation, Welfare and Canine Behaviour for the Canicross Coach</p>	<p>Literature</p> <p>The Dog: Its Behaviour, Nutrition and Health Published by: Blackwell Publishing, 2013 (second edition) ISBN: 9781118701201 Case, L. P.</p> <p>Practical Canine Behaviour For Veterinary Nurses and Technicians Published by: CABI, 2021 (second edition) ISBN: 9781789246810 Hedges, S.</p> <p>Dog Behaviour: Modern Science and Our Canine Companions Published by: Academic Press, 2018, ISBN-10: 0128164980, Ha, J.C, & Campion, T.L.</p> <p>Doggie Language: A Dog Lover’s Guide to Understanding Your Best Friend Published by: Summersdale, 2020, ISBN-10: 1787837017, Chin, L.</p> <p>Feeding Dogs: The Science Behind The Dry Versus Raw Debate Published by: Farrow Road Publishing, 2020, ISBN-10: 1916234003, Brady, C.</p> <p>Dog Food Logic: Making Smart Decisions for Your Dog in an Age of Too Many Choices, Published by: Dogwise Publishing, 2014, ISBN-10: 1617811386– Case, L.P.</p>
<p>Unit 349: Principles of Planning a Canicross Coaching Programme</p>	<p>Literature</p> <p>Planning and Enabling Learning in the Lifelong Learning Sector (2010) (2nd edition) Gravells, A. and Simpson, S. Published by Learning Matters. ISBN: 978 1 84445 798 4</p>
<p>Unit 350: Canine First Aid, Incident and Risk Management</p>	<p>Literature</p> <p>Emergency First aid for Dogs at Home and Away Published by: Hubble & Hattie, 2015 ISBN: 1-845-84386-X - Bucksch, M.</p> <p>The A to Z of First Aid and Emergency Care for Dogs and Cats: How to save an ill or injured pet. Published by: CreateSpace Independent Publishing Platform, 2014 ISBN: 1-493-71045-1 - Glover, A.</p>
<p>Unit 351: Principles of Canicross Coaching</p>	<p>Literature</p> <p>Dogs in Motion Published by The Pet Book Publishing Company, Ltd, 2016, ISBN-10: 3981433904, Fischer, M.</p> <p>Athletic & Working Dog: Functional Anatomy and Biomechanics Published by RMG Enterprises Inc., 2019, ISBN-10: 1733024409, Gillette, R.L.</p>

	<p>Dogsteps : A New Look Published by: Companion House Books, 2014 (3rd edition) ISBN-10: 1621871010, Page, E. & Page, R.</p>
<p>Unit 352: Practical Canicross Coaching</p>	<p>See all of the above</p>

12. Supporting Documents and General

The following documents contain essential information for Training Providers delivering iPET Network qualifications. They should be referred to in conjunction with this handbook. To download the documents and to find other useful documents, go to www.ipetnetwork.co.uk, the web portal or SharePoint.

iPET Network Training Provider Manual
 iPET Network Quality Assurance Requirements
 Malpractice and Maladministration Policy and Procedure (including Sanctions)

Document Control

Document Name: Level 3 Award in Canicross Coaching - Qualification Specification

Document Number: Q47

Date of Correction	Version Number	Correction Reason
	1	
06/10/2022	2	Updated mission statement and amended office opening hours
13/06/2023	3	Change of document name from 'Qualification Guide' to 'Qualification Specification' and amendment to assessment section
05/01/2024	4	Specimen assessment materials clarified, qualification review section updated and formatting updates